



**health brigade**

formerly FAN FREE CLINIC

*Exceptional health services for those in need*

## ANNUAL REPORT 2018





# Our inspiration

We have copies of this poster hanging in three of our lobbies at Health Brigade. When the staff was gathered to brainstorm about what should be in this year’s annual report, a strong sentiment was expressed that we incorporate the piece.

This poster has been a viral phenomenon ever since it hit the web after the 2016 elections. It was based on a handwritten sign made by Kristin Garvey from Madison, Wisconsin. Then, three women discovered it. One of the three, Kristin Joiner, designed the official version.

And the spirit of the words took flight.

We, the staff of Health Brigade, extend our heartfelt thanks to the trio who made the use of this poster possible–Jennifer Rosen Heinz, Becca Schwartz and Kristin Joiner. We also thank these Madison, Wisconsin women for bringing this message to the masses.

Health Brigade stands behind each statement in our work. We thank YOU, our supporters, for making our work possible. Indeed, kindness is everything.

\*Our front cover features the kind face of Phyllis Owusu, Medical Assistant, in our Medical Clinic. Cover Photo: Patience Salgado

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Photo by Patience Salgado

## Kindness in healthcare

Dear Friends,

Thank you for your tremendous support this past fiscal year. Your kindness and generosity toward our neighbors are the reason why Health Brigade continues to thrive in a time of suffering and division. Each of us can be part of the dis-ease and further exacerbate it, or we can choose to help others be at ease to assist with healing. Our experience of serving those most vulnerable in our communities has taught us that healing is more than accessing clinical care, the newest therapies, the latest scientific treatments, or the most expensive medicines.

**At Health Brigade, kindness is everything.**

We know kindness fosters healthy interactions, creates a safe environment and enables us to be at ease in our own skin. Being kind sets us up for mutual healing and transformation in all of our interactions with others.

As we mark another year of caring for over 12,000 people in our community, we are proud to present a snapshot of the work we have accomplished. Our leadership, with consultation from mjs Consulting Associates Inc., brought our best thinking together to create our new Strategic Guide 2018-2021 ([www.healthbrigade.org/strategic-guide-2018-2021](http://www.healthbrigade.org/strategic-guide-2018-2021)). Aligning our strategies to the vision and mission of Health Brigade in our rapidly changing health environment is more critical than ever to ensure that our vulnerable neighbors do not fall through the cracks.

We advocated for expansion of Medicaid to assist more people in Virginia who do not have options for healthcare. We launched our comprehensive Ryan White Part B program for those living with HIV to help fill the gap for mental health and emergency housing needs. Through our new Comprehensive Harm Reduction Program, we made a bold

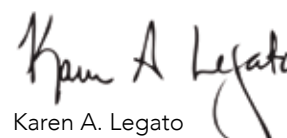
commitment to serve those injecting drugs in our community who are at risk of spreading disease, overdose and death from unsafe practices and a lack of resources. We hope our stepping up will help other organizations consider what role they can play in addressing the opioid crisis.

Our medical clinic has fully integrated our patient-centered electronic medical record that continues to evolve to reflect our service environment at Health Brigade. Several new specialty services are now available, including Hepatitis C treatment for a small number of patients. Our mental health program has continued to grow and we recently became a designated site for loan repayment for new mental health practitioners.

Our commitment to becoming a trauma-informed agency continues to transform how we deliver services, conduct day to day operations, and interact with all who come through our doors. Recognizing one's humanity first, we are working to improve our spoken and written language to avoid reducing persons to diagnostic labels. Changing our language really does impact how we interact with others, solve problems, and design and execute good programming. We are continuing to streamline our processes and materials with sensitivity to literacy, language, culture and the diversity of those who seek our services.

As we near the closing of our calendar year, we ask you to join the brigade to create an epidemic of kindness. YOU MATTER!

With sincere thanks,

  
Karen A. Legato  
Executive Director

  
Melanie Green, PhD, RN  
Board Chair





## Health Outreach & Advocacy

An important part of his day is simply connecting with people. It is through the casual conversations Dominique Graves has that he does some of his best work.

"We walk around [public housing] communities and talk to people about all kinds of things. It allows them to put their guard down."

Ultimately "we're talking about sexual health and that can be tense," says Dominique, an HIV testing counselor. "But it's just as important as physical or mental health."

The Health Outreach & Advocacy team visit four public housing communities in Richmond on a weekly basis: Gilpin Court, Hillside Court, Whitcomb Court and Fairfield Court. These communities are predominantly African American.

According to the Centers for Disease Control and Prevention website, "Blacks/African Americans account for a higher proportion of new HIV diagnoses, those living with HIV, and those who have ever received an AIDS diagnosis, compared to

other races/ethnicities."

When asked what difference he thinks his presence makes in these neighborhoods, Dominique says, "It lets people know that others care. It also provides someone for them to talk to."

The best feeling is when I run into someone and they tell me they are making better decisions as a result of us talking. That's cool to me.

When the team is not testing in Resource Centers, they are walking through neighborhoods handing out condoms and answering questions about HIV and STIs or other health matters.

"We care about their well-being by showing up and empowering them to understand the importance of staying on top of their sexual health. Black lives are just as important as everyone else's life even though society and the systems set up in this country do not always show that," said Dominique.

## Health Outreach Encounters:

# 9,035

## "A Real Gem of Access"

**M**y trust in their expertise continues to grow every day," says "Gloria" a patient at Health Brigade who visits the clinic 2-3 times a week to receive care unavailable anywhere else.

Gloria was a manufacturing engineer for Cisco Systems, an American multinational technology conglomerate.

She had lived on both coasts and several places in between for her job. When her sister suffered a cognitively-debilitating stroke, she chose to return to Richmond to be her caretaker and advocate. With that decision, she lost her employment and her insurance.

That was 2010. Her sister passed in 2012 just as Gloria's own health began posing challenges. She needed a refill for blood pressure medicine when she found Health Brigade.

"I learned about the pharmacy assistance program which was a godsend." Health Brigade became Gloria's medical home. It wasn't long before physicians at Health Brigade diagnosed her with diabetes and she had to begin taking insulin shots.

"Health Brigade has provided every

single bit of insulin I've used. That's an incredible blessing."

After Gloria developed severe, painful swelling in her legs, Health Brigade discovered she had lymphedema. One of the nurse practitioners, Roneshe 'Ro' Warren, NP, "started trying to find somewhere I could go for treatment."

"Through Access Now, Ro found a pretty hard to get into slot at a lymphedema clinic at Sheltering Arms" [Physical Rehabilitation Center.]

Health Brigade refers patients to Access Now when specialty care is needed. Access Now is a network of specialty care physicians who respond to the complex medical needs of the uninsured at no cost to them.

"Ro was like a pitbull advocate trying to get the wraps that I needed to wear to manage the swelling. Once I got them, I wasn't able to put them on successfully myself. I wasn't able to reach areas of the bottoms of my legs and create the kind of therapeutic pressure that I needed." Ro told her to come to Health Brigade to have the wraps reapplied.

Since June of 2017, "I've been taking

the wraps off and then coming in 2-3 times a week to have them put back on."

I've experienced tremendous kindness here.

I've never been made to feel that something such as my leg wraps have been a burden. I'm grateful to not feel badly about not being able to help myself," Gloria said.

Because of the ongoing relationship Gloria had with the medical team at Health Brigade, she received what she called a "communal response" when she began to experience some gynecological symptoms. Gloria was

given an ultrasound at Health Brigade.

Ultimately, she was diagnosed with cancer and had to have a hysterectomy luckily averting chemotherapy and radiation.

"I have been able to lean on the clinical personnel who have been so valuable to me. "I don't think it's obvious to those on the outside what a 'community' is here. There are services here that so many don't have access to.

I feel very lucky. It's a real gem of access. I don't know what I would do without it.



WOMEN'S RIGHTS ARE HUMAN RIGHTS



SPECIALTY SERVICES  
AVAILABLE ON SITE AT  
HEALTH BRIGADE

- Dermatology
- Endocrinology
- Infectious Disease
- IUD Placement
- Gastroenterology
- Gynecology
- Neurology
- Nutrition
- Podiatry
- Pulmonary
- Rheumatology
- Transvaginal Ultrasound
- Urology
- Wound Care

## Specialty Medical Care

The quality of the care patients get at Health Brigade really impresses me," says Dr. Huzaefah Syed, a VCU Health rheumatologist who volunteers in the clinic.

"Most people would probably think the clinic is limited in access to labs and specialty care but it's not. It's amazing what is available," she says. "We can see some very sick people [and with the resources we have] we can help them to be healthy."

"The patients here are ones who haven't had access to health care in a long time, and...they are probably pretty far into their disease when they come.

They are just so thankful to have someone here to listen to them and who's willing to treat them and is trying to help them find options for their care.

"Health Brigade is an amazing place," says Dr. Syed. Being here is "my way of giving back to the community. I feel very blessed and given what my skills are this was the best way I could help."

Not only does Dr. Syed represent specialty care at Health Brigade, she also represents part of the "global" village serving in the clinic. Dr. Syed is second generation from India. Other nationalities among staff and volunteers include: Nepal, Iraq, Malaysia, Pakistan, Jamaica, Ghana and Vietnam.

Volunteer provider Dr. Huzaefah Syed

Photo by Patience Salgado

**Medical Patient Visits:**

**4,965**

NO HUMAN IS ILLEGAL  
SCIENCE IS REAL



MH&W VOLUNTEERS  
SERVING @ HB:

- Attorney
- Clinical Nurse Specialists (CNS)
- Interns in Counseling (MS)
- Interns in Psychology (MS and PhD)
- Interns in Social Work (MSW)
- Licensed Massage Therapist
- Psychologists (PhD)
- Psychiatrists (MD)
- Speech Language Pathologist
- Social Workers (LCSW)
- Residents in Counseling
- Residents in Marriage and Family Therapy
- Residents in Social Work

Mental Health & Wellness

I knew right off the bat that I wanted to volunteer here because of the commitment to the transgender community,"said Amy Goss, MA, a resident in Marriage and Family Therapy for three years at Health Brigade. Amy's niche in therapy is to work with transgender persons, in addition to doing couples counseling.

Every one of my clients have commented that they wouldn't be where they are if not for Health Brigade.

Amy was presented this year with *The Bev Chamblin Award for Excellence in Mental Health & Wellness*. Bev Chamblin, PhD was a mental health volunteer provider who passed away in February 2018. She had been a dedicated volunteer since 2002.

"Bev was a great asset to us,"said Muriel Azria-Evans, PhD, LPC director of Mental Health & Wellness. "She provided exceptional care to her clients. For example, she often called them when they were unable to come in to ensure continuity of care. Bev was also a great role model for newer therapists."

Therapy "is a very isolated job. It's really nice to have feedback from the client questionnaires [and now this award.] I've put a lot of my soul into what I do here. It's really nice to be respected and valued," Amy said.

LOVE IS LOVE

Amy Goss, MA was presented with The Bev Chamblin Award for Excellence in Mental Health and Wellness for her dedication and compassion.



A Volunteer of the Year award was presented to Carol Anne Lund, PA-C by medical director Dr. Wendy Klein with deep appreciation for her dedication to Health Brigade's mission working in the Medical Clinic.



A Volunteer of the Year award was presented to Jan Huebenthal (far right) by the Health Outreach team with deep appreciation for his dedication to Health Brigade's mission working with Health Outreach.

Mental Health Client Visits:  
4,173

Photo by Patience Salgado



# Brigala



Photo by Jay Paul

On April 28, Drs. Wendy and Andy Klein (second and third from the left in photo) welcomed over 160 guests for the first annual Brigala, benefitting Health Brigade, formerly Fan Free Clinic.

Guests were treated to food and drink while enjoying the luxurious surroundings at La Diff Furniture Store, the event's unique venue. Entertainment included music by Vertical Dimension, a jewelry raffle from Kambourian Jewelers, and both a live and silent auction.

Master of Ceremonies Bill Bevins and auctioneer Lisa Schaffner ensured it was a memorable evening.

The event raised over \$62,000 to support Health Brigade's mission. Health Brigade is thankful to the many people and companies who made this event a success.

## Financials

### Health Brigade Annual Report Financials FY18

#### REVENUE:

##### Earned Revenue

Public Sector Grant Contracts	849,963	
Private Sector Grant Contracts	276,129	
Other	32,086	
	<u>1,158,178</u>	16%

##### Contributed

Associations/Faith Organizations	35,902	
Corporations/Businesses	159,775	
Foundations	869,868	
Individuals	324,494	
Special Events	64,432	
	<u>1,454,471</u>	20%

Other	5,660	0%
in-kind	4,733,938	64%

<b>Total</b>	<u><u>7,352,247</u></u>	100%
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#### EXPENSES:

##### Primary Care

Cash	956,053	
In-Kind	4,417,676	
	<u>5,373,729</u>	74%

##### Mental Health & Support Services

Cash	386,974	
In-Kind	227,216	
	<u>614,190</u>	8%

##### Health Outreach

Cash	521,025	
In-Kind	8,274	
	<u>529,299</u>	7%

##### Administration / Development

Cash	665,190	
In-Kind	80,773	
	<u>745,963</u>	10%

<b>Total</b>		
Cash	2,529,242	
In-Kind	4,733,939	
	<u><u>7,263,181</u></u>	100%



# Trauma Informed Care

A client scored a perfect 10 on the questionnaire. In most cases, that would sound like a good thing. But in this instance, the questions all asked whether or not she had survived trauma as a child.

For example: Did a parent or other adult die? Was a parent or guardian incarcerated? Did a parent or other adult often push, grab, slap or throw something at you? Did you often feel that you didn't have enough to eat, had to wear dirty clothes, and had no one to protect you?

Numerous studies have shown that trauma affects an individual's health later in life. Trauma Informed Care (TIC) is a service delivery framework that considers the unique needs of trauma survivors. Trauma-informed care adds a context of trauma to whatever theoretical approach and techniques providers find appropriate to use in their work with clients. Instead of being asked, "What's wrong with you?" the question asked is "What has happened to you?"

In 2018, Health Brigade made the commitment to taking a Trauma Informed Approach to the care of their patients/clients. This means incorporating the principles of TIC into everything we do. The six key principles of a trauma-

informed approach are:

- Collaboration and mutuality
- Cultural, historical and gender issues
- Safety
- Trustworthiness and transparency
- Peer support
- Empowerment, voice, and choice

Under the leadership of Dr. Muriel Azria-Evans, director of Mental Health & Wellness, Health Brigade began its journey by joining the Trauma Informed Community Network (TICN). The next step included having the staff watch and discuss the documentary *Resilience, The Biology of Stress & The Science of Hope*.

Subsequently, the staff completed an Agency Self-Assessment to identify opportunities to implement a trauma-informed approach to care and to inform organizational policy changes.

Local advocate John Richardson-Love led the staff through a retreat, *Surviving and Thriving: Trauma and Resilience*, which supported the agency's decision to form a Trauma Informed Leadership Team (TILT) with representatives from each department. TILT is tasked with helping the agency take the next necessary steps to become a fully functioning trauma informed organization.



Photo by Patience Salgado

Health Brigade's Trauma Informed Leadership Team. L to R: Dominique Graves, Muriel Azria-Evans, Kia Johnson, Ari Laoch and Felicia Bowman

KINDNESS IS EVERYTHING



# Food Pharmacy

at Health Brigade



Photos by Sid Koerin

April Williams leads a cooking demonstration for Food Farmacy participants.

Theresa Twitty enjoyed what she was learning from the Food Farmacy classes so much that she invited friends and kids from her neighborhood to come to her house for cooking lessons.



Theresa Twitty at graduation.

In 2016, Health Brigade started the Food Pharmacy. Today, our medical providers prescribe food from our Food Pharmacy to low-income, food-insecure patients, taking into

account their health conditions (e.g. diabetes, high blood pressure, high cholesterol, etc.) and other dietary needs.

Through the generosity of Shalom Farms, Food Farmacy offers fresh produce for the class.

Participants suffering from chronic illnesses quickly learn that food is medicine. By incorporating healthy foods into their daily eating, they will not only improve their disease state, but they literally will begin to feel better.

Enrolled participants work with our dietitians and a health coach to incorporate healthier foods into their diets. Recipes, support groups, and educational materials are offered to each class of participants in the 12-week program.

We also partner with Shalom Farms to offer cooking demonstrations on-site in our education kitchen. The cooking lessons utilize the prescriptive food items to enhance participant efforts in preparing Food Pharmacy foods in ways that are appetizing, healthy, and feasible for their lifestyles and limited budgets. VCU School of Dietetic Interns also teach lessons on nutrition.



Top left: VCU Dietetic Interns Hadley Stevens and Celeste Le present on sugar filled drinks; Middle left: Volunteers Gary Luong and Linh Bui sort vegetables for participant bags; Bottom left: Frank Smith receives a weekly bag of fresh vegetables from April Williams; Top right: Volunteer Coordinator Sara Ann Jennings assists Shalom Farms Community Partner Analise Adams to carry in farm fresh vegetables for class.

Photos by Sid Koerin



# 2018 Volunteer Impact

by the numbers



286 volunteers donated



18,775 hours to care for



1,750 patients & clients

from those served

"IT WARMS MY HEART TO SEE THE SMILES  
EVERYONE HAS...THANK YOU FOR ALWAYS  
SPREADING POSITIVE LIGHT"



Mental Health &  
Wellness Client

value of volunteered services



615,000

## Volunteers

Sura Abdulaziz	Imani Corley	Janhavi Giribhattanavar
Ruma Adams MD	Jaclyn Corrigan RN	Brandy Glasgow
Kamala Agarwal MD	Alexis Coulibaly	Punit Goel MD
Thomas Agostini	Beth Cox NP	Holly Goldman RPH
Bode Akinbobola	Kurt Crandall	Whitney Gooch
Rebka Alemu	William Craun	Bonnie Gordon
Whitney Amo	Kaitlin Crews	Amy Goss
Cierra Anderson	Rebecca Crider	Chelsea Grandolfo
Johnzelle Anderson	Cory Cummings LCSW	Leah Gregory
Marilyn Artz	Elias D'Alessio RN	Elizabeth Ann Greksouk NP
Farah Aslanzadeh	Nga Dao	Andrea Griego
Samantha Auguste	Susan Davenport NP	Jasmine Griffin
Danielle Austen	Robert Davis	Sarah Griffin
Hana Baktash	Cindy Delaney RN	Rosemarie (Rosie) Guerra-Paz
Alireza Bayat	Emily Deming	Hannah Guyer
Kimmy Beiter	Nidhi Desai	Raymond Haddad MD
Kourtney Bell	Joe Diaz MD	Megan Hageman
Eliza Bell	Robin Disler MD	Kelsey Harbert
Lauren Bergstrom	Regina Dixon	Yu He
Alice J. Berman LPC	Jessica Dodd	Emma Heinze
Richard Boamah	Elyse Duani	Kevon Hekmatdoost MD
Mark D. Braley Esq.	Marissa Edwards	June Henderson MD
Laura Brewer PhD	Abigail Eimers	Gary Hendren
Norma Briggs	Kevin Elliott	Cristyn Henriquez
Lisa Brown RN	Rooma Elnasseh	Gabrielle Hernandez
Christina Brown LPC	Amy Enroughty	Carmen Herrera
Shakayla Brown	Anthony Erb	Hunter Hewlett
Sarah Buchwald	Carl Erickson RN	Robin L. Hills NP
Linh Bui	Viveca Falks RN	Irene Hollins RN
Nicole Calloway Rankins MD	Yan Fan	Sean Honea
Jocelyn Canseco Neri	Laura Fanizza	Jan Huebenthal
Annie Cantrell	Steven Farber MD	Schuyler Hultman
Ashley Cappel	Shannon Feagans	Emily Hutcherson
Adriana Cashwell	Patrick Feliciano	Christine Huynh
Ashley Castelino	Vivian Fernandez MD	Abdulrahman Ibrahim
Marco Castro RN	Tegan Flowers RN	Amanda Jamerson
Haley Childress	Anne Marie Fontaine	Harneet Jaswal
Nadia Chowdhury	Diane Forse MSW, LCSW	Elhaam Jawadi
Johanna Christensen NP	Evan Fowler	Diana Jeong
Alexander Clark	Kathleen Fulton	Dorcille Jernigan
Dana Clark	Allyson Gailey	Daelan Johnson
Remy Clemm	Matt (David) Gamble	Toni Johnson
Taylor Cochran-Sutton	Silvia Garcia Murcoa	Anna Jones
Blanton Cohen	David Gardner MD	Sophie Juola
Valentina Cole	Johanna Gattuso RN, MBA	Lucy Page Kelly
Alexandra Conroy	Louis Gelrud MD	Lynn Kessler
Kenneth Cookus MD	Joseph Gianfortoni MD	Kody Khairandish

Sara Kim  
 Su Kim  
 Melissa King MD  
 Patricia Kinser NP, PhD  
 Andrew Klein MD  
 Sarah Klem  
 Jenna Koehler RN  
 Sid Koerin  
 Christopher Kogut MD  
 Naveen Kotha  
 Janneke Kotte  
 Anita Kozakewicz  
 Isaac 'Ike' Koziol MD  
 Shengyi (Sam) Lai  
 Sara Laprea Romero  
 Kristen Lawrence LCSW  
 Sarah Lee  
 Pete Legato  
 Arlene Lerner PhD  
 Julian Levine  
 Victoria Lewis  
 David Li  
 Arlee Liangco  
 Kerry Lim RN  
 Carol Ann Lund PA-C  
 Gary Luong  
 Jessica Mackness  
 Katie Mahan  
 Winifred (Winkie) Martin RPh  
 Virginia McConnell  
 Lara Mckinney RN  
 Crystal McKoy  
 Jason Mcleod  
 Caitlin McSorley  
 Sandra Menendez  
 Rachel Miller  
 Jaclyn Miller LCSW  
 Layne Mitchell  
 Billie Mitchell CNS  
 Sabrina Mizelle RN  
 Sara Monroe MD  
 Liz Monzon  
 Lucy Mulligan  
 Christopher J. Myers  
 Grace Natoli  
 Zoe Neale  
 John E. Nestler MD  
 Matthew Nestler  
 Jessica Nguyen

Bill Norton  
 Jordan Nowaczyk  
 Michael O'Connor LCSW  
 Ursa Oristaglio  
 Sarah Orr  
 Andrea Padilla  
 Savarna Pahari  
 Chris Pais  
 Alexandra Pannell  
 Brenda Pannell  
 Anant Patel  
 Bill Paulson  
 Jesse Pearlstein  
 Ali Pedin  
 Ashli Phillips  
 Jill Powell  
 Kelly Powell  
 Liz Powell  
 Pushpak Pondugula  
 Kaitlyn Power  
 Aakanksha Prasad  
 Jamie Presser RN  
 Rumeesa Rais  
 Whitney Ravagli  
 Rachel Renner  
 Liz Rivlin RN  
 Jess Robar  
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 Shannon Talley  
 Emerson Tedder  
 Anne Tenser  
 Mishka Terplan MD  
 Devina Thapa  
 Megan Tracy NP  
 Tay Tyler  
 Katie Tyson MD  
 Andrew Vaden RN  
 Ruth Vinolina NP  
 Stephanie Vu  
 Kirby Wallace  
 Cheryl Ware MEd, CCC-SLP  
 Katie Waring  
 Ro Warren NP  
 Ashley Warthan  
 Charnetta R. Waters-Mason  
 Donna Weed RPh  
 Joann Weissbart  
 Chante Whitaker  
 Alyssa White  
 Will Whiteside  
 April Williams  
 Laura Wilson  
 Danielle Wilson  
 Mackinsey Wood  
 Andrea Wright  
 Gaya Zeleznick  
 Cat Zwemer

# Honor Roll of Donors

In fiscal year 2018 (July 1, 2017 - June 30, 2018), Health Brigade received nearly \$2 million in contributions from those listed below. It is this tremendous generosity that enables us to serve as a health home for our neighbors and friends. Thank you!

## THE ANNUAL FUND

### \$100,000+

Anonymous  
 Bank of America-August Heid  
 Trust  
 E. Rhodes and Leona B.  
 Carpenter Foundation  
 Richmond Memorial Health  
 Foundation  
 Virginia Association of Free  
 and Charitable Clinics  
 Virginia Department of Health

### \$50,000 - \$99,999

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 Care Foundation  
 Pauley Family Foundation  
 The Chartis Foundation  
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 Susan G. Komen Central  
 Virginia  
 Virginia Health Care  
 Foundation  
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 VCU Health System

## \$10,000 - \$24,999

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 United Way Workplace  
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## Visionaries Gold Level \$5,000 - \$9,999

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 Metropolitan Health  
 Foundation  
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 Central Virginia  
 Anthem Health Plans of  
 Virginia  
 Nicole Blankenbeckler  
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 Campaign  
 Kimberly Davis-Wiley  
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 Corey Fountain  
 Benjamin Grondahl  
 Bruce and Estella Hui  
 IonHealthcare  
 John R. Cook Endowment  
 Fund of The Community  
 Foundation Serving  
 Richmond and Central  
 Virginia  
 Shannon and Ellen Johnston  
 Levinson Foundation Fund of  
 The Community Foundation  
 Serving Richmond and  
 Central Virginia  
 Bill and Jane Liepis  
 Macy's / Bloomingdale's  
 Maggie L. Walker Model  
 Congress  
 Craig Merritt  
 Bryson Powell  
 Jean Segner  
 St. James's Episcopal Church  
 St. Mary's Catholic Church  
 Stonewall Sports  
 SunTrust United Way



Campaign  
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Donald Thomas  
Weinstein Properties  
Nicholas Wieroniey  
John and Dr. Susan Wilkes

## Visionaries Bronze Level \$1,000 - \$2,499

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*Health Brigade gratefully acknowledges the generosity of our supporters. While every effort has been made to accurately list our donors and regular volunteers in this report, omissions may have occurred. We would appreciate having any errors brought to our attention. Please call Heather Turbyne-Pollard at (804) 716-5804. Thank you for your continued support.*

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A full list of our staff can be found on our website at [www.healthbrigade.org](http://www.healthbrigade.org)



# Our Mission

The mission of Health Brigade, formerly Fan Free Clinic, is to provide exceptional health services to those least served in a caring and non-judgmental environment.

# Our Values

**WELCOMING:** We respect the worth, dignity, and equality of every person.

**IMPACTFUL:** We provide effective, quality care that improves the health of our service population.

**TRUSTED:** We provide a professional and safe environment for our patients, clients, volunteers, and staff.

**RESPONSIVE:** We advocate for and provide services to address evolving community needs.

**INTEGRATED:** We focus on the health and well-being of the whole person.

**INCLUSIVE:** We embrace diversity in all of its forms.

# Our Name

In 2016, we changed our name from Fan Free Clinic to **Health Brigade**.

The need was clear. We hadn't been located in the Fan area of Richmond since 1997. In a time of rapid health care changes, we can't guarantee entirely "free" services into our future if we are to remain sustainable. And, most importantly, we have always been more than a Medical Clinic. Our Health Outreach team touches hundreds of lives when visiting neighborhoods, gathering places, centers and prisons. Our Mental Health Program spans across short-term sessions in the medical clinic to more comprehensive community-based mental health services – including psychiatry, individual therapy and psycho-social groups.

Our name conveys two thoughts: 1) "Health" is what we do, and 2) "Brigade" is how we do it. Think Bucket Brigade – a human chain working together for the common good, circling back around to refill and keep the formation going.



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